DESIGN
Your Best Year Ever

A Proven Formula for Achieving
BIG GOALS

by DARREN HARDY
“Dream no small dreams for they have no power to move the hearts of men.”

~ Johann Wolfgang von Goethe
Contents

Preface ............................................................................................................................ vii
Acknowledgments .......................................................................................................... xi
Introduction ................................................................................................................... xiii
Step 1. Why Set Goals? ............................................................................................... 1
Step 2. Year in Review ................................................................................................. 5
Step 3. Start in Gratitude ............................................................................................ 9
Step 4. Guidelines ..................................................................................................... 13
Step 5. The Design .................................................................................................... 17
Step 6. The Magic Factor ........................................................................................... 27
Step 7. Execution & Sustainability ............................................................................ 35
Step 7.5 The Shortcut ................................................................................................. 49
Your Best Year Ever .................................................................................................... 53

ACHIEVEMENT PLANNER

Achievement Tracking System ................................................................................... 57
About the Author ....................................................................................................... 135
Support Resources .................................................................................................... 137
“Thought is the blossom; language the bud; action the fruit behind it.”

~ Ralph Waldo Emerson
No matter how last year was for you… this year can be even better.
If it was great, you can parlay that success to make next year truly extraordinary. If it was less than great, this is your chance to punch the reset button and start fresh.

When the page flips on the calendar and you wake up on January 1… THAT could be the day… the first day of your BEST YEAR EVER.

A new year gives you that chance… the promise that no matter what’s happened in the past or where you are today, you can recreate yourself. You can decide that THIS IS IT… THIS is the year you set out to accomplish your dreams. THIS is the year you live the life you were meant to live.

You can design this year to be your best year yet. How? There is a formula.

We all have the ability to achieve the seemingly impossible. The key is properly inciting your creative power, revving up your inner drive, and channeling your focus over a sustained period. It’s all about setting goals.
I have had 20 years of refined study in the practice and execution of goal-setting. I know a lot has been written and taught on the subject, but the process isn’t as complex, all-consuming, or mysterious as you think.

The one discipline most responsible for the abundance in my life is my learning how to set, stick to, and achieve well-designed goals. Something almost magical happens when you organize and focus your creative power on a well-defined target.

I know it works. And that’s why I have written Design Your Best Year Ever. It’s my 7.5-point plan for achieving your wildest ambitions in the year ahead.

The formula I have developed synthesizes hundreds of books, seminars, trials, errors, and victories I have proven to work into a plan for how to design, execute, and achieve big goals.

Here’s what we’ll cover:

In Step 1: I’ll review why goals must be set—you had better know WHY you are setting your goals before you get lost in the HOW of achieving them.

In Step 2: I’ll spend some time on an important process I call “Plan, Do, Review.” We’ll take a look at last year to see what worked for you and determine what needs to be changed for the upcoming year.

In Steps 3 and 4: I’ll discuss how to arouse and guide your subconscious and creative power to draw to you what you wish, not push it away.

In Step 5: I’ll help you design the person you have always wanted to be. We’ll set balanced goals for every area of your life—professional, financial, physical, mental, family, spiritual, and lifestyle.
In Step 6: I’ll reveal the “magic factor” I discovered in turning goal-setting into goal-achieving.

In Step 7: I’ll give you my learned strategies for ensuring you will gain momentum in your goal-achievement rather than suffering the same fate as 95 percent of the people who set goals or make New Year’s resolutions.

And the .5 of the 7.5 plan?

It’s the shortcut—the simplified version to goal-achievement.

Don’t let another year go by without living the life you were meant to live. Make this year the year you see your dreams come true. Let Design Your Best Year Ever help you achieve your big goals in life.

So go ahead. Start making this your BEST YEAR EVER!
“Feeling gratitude and not expressing it is like wrapping a present and not giving it.”

~ William Arthur Ward
First, I have to give thanks to my personal-development mentor, Mr. Jim Rohn. You will see his influence throughout this book. Many of the ideas and principles I have applied to my life are taken directly from this incredible man. He has been a source of inspiration, someone who has influenced my life for the better.

Next, I must give thanks to the entire team at SUCCESS magazine, SUCCESS Media, and our parent company, VideoPlus, L.P. While the words and ideas found in this book are the result of a process and system I have followed to accomplish my personal goals for two decades, they helped me formalize it into the beautifully designed book you have in your hands.

Special thanks to the editing talent of Judith Emmert and the design wizardry of Greg Luther, who infused his own passion for the topic into the production.

Lastly, and most importantly, my goal-planning partner and beautiful wife, Georgia. It is her inspiration and support that propel me to continually pursue the best within me.
“Let me tell you the secret that has led me to my goal. My strength lies solely in my tenacity.”

~ Louis Pasteur
Every New Year’s Day, I challenge myself with some physical feat that I would not normally do during the course of the year, such as climbing a mountain—a small one, not Mount Everest! I do this because I want to start the year off right—I want to challenge myself to go beyond my normal limits in anticipation of the great things to come in the new year.

For me, climbing the mountain affords the chance to open my mind to the possibilities ahead, to look out on the opportunities available and zero in on specific goals that will move me closer to my dreams. I spend an extended period going through my annual goal-development process, making sure I know exactly where I need to go and what I need to do to get there.

A lot is written and taught on the subject of goal-setting. I have to stress that the process itself doesn’t have to be as complex, all-consuming, or mysterious as you might have been led to believe.
I am a firm believer in the powerful affirmation setting goals brings. I truly believe the one discipline most responsible for the abundance in my life is my learning how to set, stick to, and achieve well-designed goals. Something almost magical happens when you organize and focus your creative power on a well-defined target.

The formula I have developed for myself has been synthesized from the hundreds of books, seminars, trials, errors, and victories I have proven to work over the past twenty years. It offers guidance on designing, executing, sticking to, and achieving big goals.

If you read this book closely, you will receive the compressed value of tens of thousands of dollars invested, hundreds of hours of study, and decades of trial and error sifted down to the most effective, real-world, and practical formula for goal-achievement.

Here’s some proof, not pontification: I have studied and practiced goal-setting for more than two decades. At age 18, I set the following series of goals: to be earning a six-figure income by age 19, to earn $1 million a year by age 24, and to become a self-made millionaire by age 27.

Every one of those goals, as well as many others along the way, were realized on that exact timeline. I am a believer!

You can be, too, if you try it. Just remember that the fatal mistake most people make in setting goals is simply making a list. True goal-setting involves putting those goals into action. Doing so will ignite your creative power and properly attune your subconscious magnet to draw the ideas, resources, and circumstances that align with your identified purpose.
Too many times, people set goals that actually push their desires further away. Following a correct goal-setting process will arouse and guide your subconscious and creative power to draw to you that which you most desire—instead of pushing away your dreams.

Consider this: 95 percent of people who set goals or make New Year’s resolutions give up on them before the first page of the calendar turns. Don’t be one of them. Set your goals and take the little steps needed to achieve them every day. By the time January has turned into February, you will be re-energized to tackle the rest of your yearly goals. You will have the momentum to turn your goal-setting into goal-achievement!

So, get ready and get set! We are about to begin the most important life skill process there is and the one that will help you design and create your Best Year Ever!
Goals provide the energy source that powers our lives. One of the best ways we can get the most from the energy we have is to focus it. That is what goals can do for us; concentrate our energy.”

~ Denis Waitley
Step 1

Why Set Goals?

If you want to achieve your big goals in life and design the future you have always dreamed of having, then you must start by setting goals. It’s really as simple as that. Setting goals is the key to success.

The greatest achievers in the world have all succeeded because they mapped out plans for their visions. While you won’t build skyscrapers or multibillion-dollar corporations (or maybe you will!), you still need to set goals and refer to them daily to ensure you are on the right path. So this should be a simple step, right? Wrong. For some reason, this task proves to be the most difficult for people.

Why? Simply writing down your goals will not get them accomplished. You have to be committed—and stay committed—throughout the year if you really want to see them come to fruition. You have to actively engage in accomplishing them, and to do that, you have to understand just why you are setting them.

So, on the next few pages, we’ll discuss the three reasons you should set goals—to know why you are setting them, to create a target to aim at, and to see what it will make of you in the process.
1. Know “Why” before you get lost in “How.”

If you know “Why,” you’ll figure out “How.” If the “Why” is big enough, the “How” is easy. Conversely, if “Why” is not identified or significant, then any level of difficulty in the “How” will be enough to defeat you.

“He who has a why to live for can bear almost any how.”

~ Friedrich Nietzsche

**Example:** If I put a 20 foot steel 2-by-4 on the ground and told you to walk the length of it as a fun challenge, you would do it, no problem. If I then took that 2-by-4 on placed it 10 stories high, bridging two buildings, and told you to do it for fun, I’m sure you would say, “No way!” Why? The “How” is too difficult and the risk and the reason for doing it are too small.

Now, if on the roof of the second building were your one-year old child and the building was on fire would you do it? Of course! What’s different? It’s the same 2-by-4, the same length spanning the building, and the same difficulty. However, the “Why” has changed. The reason for doing it became far greater than the difficulty or risk. Any “How” is possible if the “Why” is big enough.

2. You cannot hit a target you cannot see.

“If you don’t know where you are going, you might wind up someplace else.”

~ Yogi Berra

The world is goal-oriented. An airplane needs to have a destination set in order to design a flight plan to reach it. When you get in your car, you have to know where you want to end up before you even pull out of the driveway.
Example: Three boys hiking came to an open field. They created a contest to see who could walk the straightest line. The first two boys zigzagged through the field. The third boy focused on two trees at the edge of the clearing and walked a straight line.

When you know exactly where you are going and focus on that point, you will go directly to that end.

Without a focus for your direction in life, you will wander aimlessly until you are hopelessly lost and confused.

3. For what it makes of you.

Set big goals that challenge you to ignite the great potential that lies within you—to become the person you were meant to.

“The major reason for setting a goal is for what it makes of you to accomplish it. What it makes of you will always be the far greater value than what you get.”

~ Jim Rohn

“You will become as great as your dominant aspiration.”

~ James Allen

“Man, alone, has the power to transform his thoughts into physical reality; man, alone, can dream and make his dreams come true.”

~ Napoleon Hill
“A minute’s success pays the failure of years.”

~ Robert Browning
There is an important process I learned in life called “Plan, Do, Review.” In this section, we’ll examine your past successes and failures. Even as you look to the new year, it’s important to step back and take a look at the year just finished—take an inventory, add it all up, and see how you did.

What were your successes, and where did you come up short? What has worked, what didn’t? Which were good decisions, which were bad? It’s important to learn the lessons of life quickly or you will be apt to repeat them. The tuition for the lesson gets steeper each time though, so it’s better (and less painful!) to learn it the first time.

Skip this step, and you might not even realize you are off-course until too much time has passed, too many resources have been spent, and your life is on the rocks.
Short list:

10 great happenings from last year...

1) ____________________________________________

2) ____________________________________________

3) ____________________________________________

4) ____________________________________________

5) ____________________________________________

6) ____________________________________________

7) ____________________________________________

8) ____________________________________________

9) ____________________________________________

10) ____________________________________________

& lessons learned from last year.

1) ____________________________________________

2) ____________________________________________

3) ____________________________________________

4) ____________________________________________

5) ____________________________________________
### Long list:

<table>
<thead>
<tr>
<th>Question</th>
<th>Answer</th>
</tr>
</thead>
<tbody>
<tr>
<td>What was your biggest triumph last year?</td>
<td></td>
</tr>
<tr>
<td>What was the smartest decision you made last year?</td>
<td></td>
</tr>
<tr>
<td>What was the greatest lesson you learned last year?</td>
<td></td>
</tr>
<tr>
<td>What was the most loving service you performed last year?</td>
<td></td>
</tr>
<tr>
<td>What is your biggest piece of unfinished business from last year?</td>
<td></td>
</tr>
<tr>
<td>What are you most happy about completing last year?</td>
<td></td>
</tr>
<tr>
<td>Who were the three people who had the greatest impact on your life last year?</td>
<td></td>
</tr>
<tr>
<td>What was the biggest risk you took last year?</td>
<td></td>
</tr>
<tr>
<td>What was the biggest surprise last year?</td>
<td></td>
</tr>
<tr>
<td>What important relationship improved the most last year?</td>
<td></td>
</tr>
<tr>
<td>What compliment would you have liked to been given last year?</td>
<td></td>
</tr>
<tr>
<td>What one word best sums up and describes last year’s experience?</td>
<td></td>
</tr>
</tbody>
</table>
“Be thankful for what you have; you’ll end up having more. If you concentrate on what you don’t have, you will never, ever have enough.”

~ Oprah Winfrey
In order to create abundance you must first acknowledge and appreciate the abundance you already have. If you operate from what you lack, you will continue to produce outcomes to match it.

To turn this around, you must start thinking and feeling the great abundance you already possess. This attitude, mindset, and energy will now attract more of itself into your life. Your external life will mirror your internal one.

The following exercise will help you with this, but it’s important to understand that this is not a once-a-year activity. It’s an everyday activity you need to incorporate into your routine. It’s as important as brushing your teeth or taking a breath, and it should be just as automatic.

Once you’ve completed this section, look over the many blessings in your life and you will be able to turn toward the future with arms wide open—ready and willing to receive all of the blessings yet to come.
Preventing the Fatal Mistake

To set your creative power in motion, you have to operate from an attitude of abundance, not scarcity. The very process of setting goals (deciding what you want that you don’t already have) can focus your attention on what you lack versus the blessings of abundance you already possess. Focusing solely on what you don’t have turns your creative power against you. Traditional goal-setting can perpetuate your focus on what you don’t have, and thus continue to create more of it.

Gratitude is the attitude that changes everything.

To be grateful for something is to stop resisting it. Resistance pushes away; gratitude and an abundance mindset attract more of themselves to you.

Knowing the power of gratitude, and to calibrate my creative “attraction magnets,” I start my New Year’s goal-writing by first reminding myself of what I am already grateful for.

What are my current assets?
(e.g., personal contacts, career, education, experience, time-management skills)

_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________
What is great in my life right now?
(e.g., family, friends, finances, health, resources, community)
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

What’s great about me?
(e.g., specific skills, personality, passion, ambition, desire, willingness)
_____________________________________________________________________
_____________________________________________________________________
_____________________________________________________________________

Are you feeling blessed and abundant yet? You should. You are blessed, and it is just that mindset and expectation that will refocus your orientation to what’s possible and what you CAN accomplish versus what you lack and what you have failed to get thus far.

LIKE ATTRACTS LIKE. An abundance state of mind will be the proper workshop for your inner creative genius to work its magic.

“Gratitude is what starts the receiving process.”
~ Jim Rohn
“The same thinking that has led you to where you are is not going to lead you to where you want to go.”

~ Albert Einstein
OK, we’re almost there. We’ve talked about why setting goals is important, we’ve reviewed previous setbacks and accomplishments, and we’ve turned on the miracle magnet of the attitude of gratitude. And soon, we’ll outline the exact formula for designing your Best Year Ever, but FIRST—it’s important to lay down some ground rules.

This section covers the seven-point checklist of goal-setting. As you advance through the next year, you may want to come back to this section every now and then to be sure you are establishing objectives with the following guidelines in mind.

After all, no matter how often you might take the same road trip, there’s still a checklist to run through, whether on paper or in your head—fill the gas tank, check the tires, pack the bags, etc. Or maybe you just hop in the car each time with reckless abandon, in which case, you’ll want to pay close attention to this section!
1. Don’t just think it — INK IT.

“Reduce your plan to writing... The moment you complete this, you will have definitely given concrete form to the intangible desire.”

~ Napoleon Hill

Unless you write down your goals, they are often lost in the shuffle and excitement of new problems, new challenges, and new decisions. Eliminate outside interruptions.

2. Suspend reality

Don’t filter, qualify, or judge. In the beginning, don’t factor in experience, resources, or ability. Let the giant that lays dormant inside you out to play. If you had every skill, resource, or ability in the world, what would you do and what would you set out to accomplish? Don’t worry, you are not committing yourself; you are simply playing a game and scratching ink on paper. You can decide later what you really wish to do and tackle. During the process, let it flow.

3. Think BIG

What is your **BHAG**? That stands for your **Big Hairy Audacious Goal**. What is that one thing that it makes your palms sweat a little (whenever you think of it).

“The greater danger for most of us is not that our aim is too high and we miss it, but that it is too low and we hit it.”

~ Michelangelo

4. State in the positive

Decide what you want to move toward, not away from. Focusing on your problems will only bring more of them into your life, so be conscious of the phrasing you use to define your goals and objectives.
Examples: “I am at my ideal weight of X pounds by X (date)” versus “I want to lose 20 pounds.” Or, “I have a positive net worth of X by X (date)” versus “I want to get out of debt.” Or, “I have a loving, respectful, and intimate relationship with my wife” versus “I want to repair my marriage.”

5. State in the “I AM”

State your goals in the present first person. I am X versus I want X. The latter only reinforces just that—the wanting versus the having. If you write a goal like “I want to be a millionaire,” your creative energy will only produce exactly more of that outcome—the “wanting.” If you say, “I am a millionaire by X (date),” then your creative power will go to work producing what you have declared to be.

6. Be sure your goals are YOUR goals

Many people set goals that they think they “should” have rather than what they truly want for themselves. Don’t let the ideals or expectations of your family, colleagues, or society dictate your ambitions. In fact, if your written goals are not from your true heart and inner ambition, your creative spirit will not work to produce them anyway. All it will do is frustrate you and give you the illusion that you are a failure and not capable, when in actuality you successfully avoided (didn’t achieve) what your inner spirit didn’t really want anyway.

7. Make sure your goals align with your values

Some goals aren’t worth going for. Every promise has a price. It is important to be sure you don’t sacrifice your core values to pay for the acquisition of a promise less worthy. Goals must fit your own values, standards, and desires. If they do not meet your needs, you will find it impossible to remain interested or involved in them.
“Obstacles cannot crush me. Every obstacle yields to stern resolve. He who is fixed to a star does not change his mind.”

~ Leonardo da Vinci
And now, finally, it’s time to design the person you have always wanted to be and the life you have always wanted to have. This is the easy part, the part you already know, but still the part where you need to challenge your inner potential, conquer your limiting beliefs, and give voice to your dreams.

On the next page are seven areas of life. In each category write what you would like to become, accomplish, have, or do. Again, if anything were possible, what would you aspire to? If a genie popped out of a lamp and could grant you ten wishes in every one of these categories, what would you write down? Don’t filter or qualify as you write. There will be plenty of time to separate the outrageous and absurd. For this exercise just write down what you would ask for if anything was possible.
The Wheel of Life — setting balanced goals in every area of your life.

On the next page list at least four goals in each category that you would like to achieve. Then further organize them by assigning a level of importance by numbering them one through four. This will help in creating success with balance.
1. Business

Example: Learn new skills, find a mentor, mentor someone else, improve time-management skills, take course, become No.1 in marketplace.

2. Financial

Example: Start monthly savings plan, begin investing, earn extra money to pay off debt in full, take finance courses, read books, cut up credit cards, make a budget, automate bill payment, create a financial-independence plan, buy a home, spend less, donate money regularly, etc.

3. Physical

Example: Reduce sugar and caffeine, limit fatty foods, go to bed earlier, exercise three times a week for an hour, take a yoga/kickboxing class, lose 25 pounds, schedule annual doctor appointments, start meditating, get a massage once a month, work with a nutritionist, read health-related books, cut back on alcohol, upgrade appearance with new wardrobe or hairstyle, etc.
4. Mental

Example: Incorporate more free time into weekly schedule, read inspirational books, refine or advance knowledge in special subject.

5. Family

Example: Spend more time with family, begin nightly reading ritual with children, date night with spouse each Friday, visit parents twice a year, send birthday cards to all friends, find Mr./Ms. Right, develop friendships, attract people who share similar goals.

6. Spiritual

Example: Practice religion more faithfully, volunteer at church, join spiritual groups, read books on spirituality.
7. Lifestyle

**Example:** Stop smoking, buy new home, travel to Africa, take piano lessons, clean out garage, redecorate downstairs bathroom.

- [ ]
- [ ]

8. Relationships

**Example:** Spend more time with best friends, cultivate relationships with like-minded achievers, spend one-on-one time with children.

- [ ]
- [ ]
**Top Ten Goals**

Now, narrow down your goals to your Top 10 overall goals. Define the categories ($, P, R, F, S, M, L, B) in the box next to each goal and prioritize from one to ten. Be sure to set defined deadlines to have them accomplished.

You think, act, and react with the urgency and appropriate energy defined by the task. Just as your muscles prepare in one way when you stoop over to pick up the morning paper and react in an entirely different manner when you prepare to lift a 100 pound barbell, so your mind prepares your body and your attitudes for responding appropriately to the deadlines you set for yourself.

Deadlines create a challenge, and you respond to the challenge. In sports, the tension mounts as time runs out. The most exciting plays are often in the last few minutes, especially if it is a close game, because people respond in dramatic fashion to the challenge of deadlines.

<table>
<thead>
<tr>
<th></th>
<th></th>
<th>Deadline</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
<td>/</td>
<td>/</td>
<td></td>
</tr>
</tbody>
</table>
Top Three Goals

Further isolate your Top 3 goals.

1. Break down into small steps

   Examples: Run a marathon. Think of the first five miles, then the next three, etc.

   Write a 500-page book. Write four hours every day, five days a week for two years.

   Goal 1. ___________________________ Deadline ____________
   Step 1. ___________________________________________
   A.) ________________________________________________
   a.) ________________________________________________
   Step 2. ___________________________________________
   A.) ________________________________________________
   a.) ________________________________________________
   Step 3. ___________________________________________
   A.) ________________________________________________
   a.) ________________________________________________

2. Other actions to support the main goal

   What actions will you take to reinforce these values/goals each month, week, and day?

   Find a workout partner for support; set weekly weight goal

3. Determine if your goals are S.M.A.R.T. goals

   S- Specific, M- Measurable, A- Attainable, R- Realistic, T- Time-sensitive.
My BHAG? (Big, Hairy, Audacious Goal)

Goal 1. ___________________________________________ Deadline __/__/____

Step 1. ___________________________________________
   A.) ___________________________________________
       a.) _______________________________________
   B.) ___________________________________________
       a.) _______________________________________

Step 2. ___________________________________________
   A.) ___________________________________________
       a.) _______________________________________
   B.) ___________________________________________
       a.) _______________________________________

Step 3. ___________________________________________
   A.) ___________________________________________
       a.) _______________________________________ 
   B.) __________________________________________
       a.) _______________________________________

Other actions to support my BHAG
_____________________________________________________________________

Is this a S.M.A.R.T. goal? ☐ Yes ☐ No
OK, now we have the design. Next, we will discuss THE MOST IMPORTANT ingredient in goal achievement. I call it the “Magic Factor”—not because there is any magic involved, but because of the miraculous results that are created when you focus on this ONE factor.
“Nothing can stop the man with the right mental attitude from achieving his goal; nothing on earth can help the man with the wrong mental attitude.”

~ Thomas Jefferson
What is the “magic factor”? Turning goal-setting into goal-achieving. This is it, this is the greatest discovery I have made: how goals are achieved rather than just conceived.

Goal-setting has a tendency to be the writing of a wish list. Once the list is written, it’s tempting to think that some mystical and magical process takes over and all you have to do is sit around and wait—not so.

When detailing your goals, I have found that you cannot WANT to do something or HAVE anything; you can only BECOME what is necessary to attract what you desire. The following exercises are designed to illustrate the importance of YOU in the quest for what you want.
The YOU Factor

YOU are what needs to be worked on, not your goal.

This is the most important personal-development distinction you can realize. The issue is not IT (health, marriage, money, career, etc.), the issue is YOU. It will only be as great as you are. If you work on IT, it will continue to elude you. If you work on you, it will rise to the level of the new you.

Let me try to explain this visually. In the image on the following page, the expanded circle in red is the improvement or your goal in that area of life. This is the problem. You might be able to expand the circle to the perimeter of the red circle, but it will be TEMPORARY. Ultimately it will go back to equal the perimeter (level of achievement) of where YOU are.

“If you want to have more, you first have to BECOME more.”
~ Jim Rohn

The human tendency is to engage itself in the study of effect, but give little attention to the cause behind all effects.
This is why 90 percent of the people who have won an extraordinary amount of money in the lottery lose it all and end up about where they were before they came into the windfall. Subconsciously they (their “you”) was not comfortable with the disproportionate inequality of money-to-you ratio, so they did all they could to sabotage the inequity until they ultimately got back to equal. (See Fig. 1)

This is also why people who make a goal of losing weight begin a diet, actually lose the weight, and then end up going back to the same or worse weight than when they started. Why? Because in the end the weight was not the source of the problem, only the effect. If you work on the effect (goal), over time it will ultimately find its way back equal to the cause—how one feels about oneself, his personal philosophy, and his attitude about what he feels he is capable and worthy of. (see Fig. 2)

Freaky, huh? That’s how it works. You can only have, be or do what is in equality with what you feel you are worthy of, deserve, or have in character.

“If you won a million dollars, the first thing to do is to become a millionaire.”

~ Jim Rohn
Now, here is the magic...  

Work on improving the **YOU** in this equation and every effect (money, career, relationships, and health) will grow in equality to the new proportion of **YOU**. (See Fig. 3)

So here is what to do to transform goal-setting into goal-achieving. Take each of your Top 10 goals and ask and answer the following questions.

**BHAG Goal 1.** ☐

Who do I have to become to achieve this?
Goal 2. ___________________________  

Who do I have to become to achieve this?

Goal 3. ___________________________  

Who do I have to become to achieve this?

Examples:

Goal: I am earning an extra $100,000 in income this year.  
Question: Who do I have to become to achieve this?  
Answer: I am a smart, confident, and effective leader. I am a master of time efficiency. I focus solely on high-payoff and high-productivity actions. I wake up an hour earlier and review my priority objectives each morning. I fuel my body properly so I am energetic and highly effective each work hour. I am influential and passionate.

Goal: I am my target weight of 130 pounds.  
Question: Who do I have to become to achieve this?  
Answer: I am a beautiful, radiant, and strong woman. I make healthy choices with everything I put into my mouth. I exercise with weights twice a week and get my heart rate up for more than 20 minutes three times a week. I eat healthy at least five times per day and get at least eight hours of sleep a night.

What actions would this type of a person take?

Goal 1.  
Goal 2.  
Goal 3.
Who do I want to be in my career/business?

Goal 1. _________________________________________________________
Goal 2. _________________________________________________________
Goal 3. _________________________________________________________

Who do I want to be in my family?

Goal 1. _________________________________________________________
Goal 2. _________________________________________________________
Goal 3. _________________________________________________________

Who do I want to be with my friends?

Goal 1. _________________________________________________________
Goal 2. _________________________________________________________
Goal 3. _________________________________________________________

Who do I want to be in my community?

Goal 1. _________________________________________________________
Goal 2. _________________________________________________________
Goal 3. _________________________________________________________
Who do I want to be in my church?

Goal 1. _________________________________________________________

Goal 2. _________________________________________________________

Goal 3. _________________________________________________________

Who do I want to be in my health?

Goal 1. _________________________________________________________

Goal 2. _________________________________________________________

Goal 3. _________________________________________________________

Who do I want to be myself?

Goal 1. _________________________________________________________

Goal 2. _________________________________________________________

Goal 3. _________________________________________________________

We do not attract what we want, we attract WHO WE ARE.

The world (and your goals) will meet you where you are. Focus on improving you—your attitudes, skills, and philosophies, and everything will improve for you.
“It’s the constant and determined effort that breaks down all resistance and sweeps away all obstacles.”

~ Claude M. Bristol
Action! All the planning, pondering and philosophizing alone won’t produce your desired results. As Rohn says, “You must learn to translate wisdom and strong feelings into labor.”

All the affirmations, chanting, positive thinking, and the rubbing of crystals won’t materialize your goals.

Committed, disciplined, and sustained action is the final ingredient in the miracle process of materializing any achievement you can conceive.

Now that you have decided what you want and who you have to become to achieve your goals, you must now “strike while the iron is hot.” The time to begin is when the emotion is high and intentions are strong.
The NEXT 24–48 HOURS:

Do not delay. Decide what you can do now. Within the next 24–48 hours, what will you do to put at least one of your goals into action? Remember, you will create momentum by taking action now. What one step will you take?

**Example:** Go to the dealership and get a brochure about the car you want. Go purchase a greeting card and mail it to your wife, telling her how much she means to you and your intention for creating a magical and romantic year. Get the catalog from the community college you will be taking some courses at.

1) BHAG Goal—

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

Other Goals—

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

“Without a sense of urgency, desire loses its value.”
~ Jim Rohn
The NEXT 30 Days:

Identify what you need to do over the next 30 days (by February 1) to put some of your goals into action. What will you do?

Example: Make your first donation and deposit your set savings according to your plan. Hire your personal fitness trainer and start your program. Recruit your mentor. Make the necessary prospecting calls. Designate the planned family night and engage fully.

1) BHAG Goal—

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

Other Goals—

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________

____________________________________________________________________
Consequence & Reward

Write what will happen if you do not stay committed and accomplish your goals. It is important to not only know the promise available if you do achieve them, but also the pain associated in not accomplishing them. Realize how you will be living out the remaining years of your life reflecting on what you might have done. The fear of failure is often a more powerful emotion than the desire for progress.

Example: The family vacation everyone is eagerly anticipating will have to be canceled. Your children cannot go to the university your entire family has attended. You will not be able to move out of the neighborhood that threatens your family’s safety and influence. You will not live long enough to enjoy your grandchildren.

1) BHAG Goal—Consequence

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
It is also important to acknowledge and celebrate the small achievements along the way in reaching your big goals. I set all sorts of rewards along the way—quarterly, monthly, weekly, daily, and sometimes throughout the day.

**Example:** Take a week vacation at the end of every quarter. You can work like crazy for 90 days knowing you have a fun and rewarding vacation coming. Take a four-day weekend every four weeks. Give yourself a “cheat day” if you are strict and disciplined the other six days of the week. Go home an hour earlier if you make ten more calls than what’s on your plan for the day. Earn a special snack or an “upgraded” lunch if you achieve an extraordinary milestone in your day.

1) **BHAG Goal—Reward**
Support & Follow-up

Don’t forget to involve your family members, friends, co-workers, casual acquaintances and even complete strangers in the creation of your Best Year Ever. The more people who know about the changes you are making in your life, the more accountability you will feel to actually MAKE those changes! You’ll also benefit from the support and encouragement you receive along the way to becoming the new you. And don’t be discouraged if there are people who don’t embrace the positive changes you’re making—all the more reason to surround yourself with a core support group.

Books and Tapes of Support (Movies, Too!)

Continually bombard your mind with the input and information that will support you on your path to your goals. Be wary of that which might distract, debilitate, or dampen your creative and positive spirit. Additionally, I am a fan of inspirational movies. I get reinvigorated about my own goals and purpose in life when I see a rousing epic or triumph-against-all-odds flick. Feeling uninspired? Put in Braveheart, Rudy, Gladiator, or The Last Samurai (admittedly a bit in the testosterone category, so find your own movies that stir your heart and incite your spirit). See page 137 for recommendations.

1) BHAG Goal—What Books, Audios, DVDs, or Movies Could Inspire Your Spirit?

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
Workout Partner

This is one of the most valuable things you can do to ensure accountability. People will often do much more when someone else is watching than if they can fail without anyone knowing. Share your goals and your plan with someone (colleague or mentor) and ask them to hold you accountable. Schedule reviews in regular time intervals to check in on your progress along the way. Ask them to not let you off the hook, no matter what excuses you give later for not wanting to do the review.

1) BHAG Goal—Who?

____________________________________________________________________
____________________________________________________________________
____________________________________________________________________
____________________________________________________________________

“Keep away from people who try to belittle your ambitions. Small people always do that, but the really great ones make you feel that you, too, can become great.”

~ Mark Twain
**Visualize – The Power of Focus**

I often play out a situation in my head before I do it in real life. I will visualize myself conducting the meeting I am going into or the important conversation I am about to have. Every time I do, I discover something I can do to improve my performance when it is done for real. Visualization in the achievement of your goals helps you further “see” who you have to be and how you need to operate to accomplish your objectives.

“*Your imagination is your preview to life’s coming attractions.*”

~ Albert Einstein

Another way to reinforce your visualization practice is to prepare a personal visualization board with pictures or other items that remind you of all your goals and mount it somewhere you can see it every day. We have created a place to do so on pages 58 and 59.
“Act As If” Principle

Begin to act now as you will act when your goal is reached.

If you were already a millionaire, how would you walk, talk, shake hands, or enter a room?

If you were already an amazing, romantic, and considerate husband, how would you enter the house from work? How would you embrace your wife? How would you talk, listen, and behave?

If you were already your ideal weight, how would you walk, hold your shoulders, carry your head, dress, groom, and present yourself?

Be that what you want now and you will certainly become it. The only thing that separates the act from the reality is a few more planetary spins.

“Do the thing and you will have the power.”
~ Friedrich Nietzsche
Checks and Balances

One final (and VERY IMPORTANT) area of guidance...

Your goals become the road map by which you navigate the direction of your life. Before you begin the journey toward your new goals, it is important to take a step back to gain proper perspective on exactly where you are going to be directing your life. Too often you see people focusing exclusively on one area of their life at the sacrifice of every other area.

Have you ever seen a guy who has giant arms but skinny legs? Looks a bit ridiculous, right? That’s how many people’s lives look. Too much focus in one area and not enough in another.

We all pity the man who has the big house on the hill filled with expensive cars and trinkets yet no one to share them with.

*People* Magazine and other such celebrity rags demonstrate this principle daily. We see people who have become successful in one area of life, but are utter failures in many other areas. The grocery aisle is constantly laden with the headlines of bitter divorces, drunk driving arrests, family feuds, racist rants, bulimia, drug rehab, depression, and suicide attempts.

Many of these same people, the ones most of America idolizes, are also some of the most unhappy, insecure, and depressed people you will find. Why? Well, one is what we have covered—The YOU Factor—their extraordinary income far exceeded their actual personal development, and money only exasperated the troubled feelings they felt inside. Secondly, their focus on the one area of life created a great imbalance with the other areas.

Be careful what you sacrifice in other areas of your life during the pursuit of what you want in one area.
Also, be aware of the price that needs to be paid to achieve the prize you seek. Some prizes might cost too much… and they might only be realized after payment has been made.

I mentioned the Wheel of Life when giving you the categories of your goals. Now that you have completed the goal, development process, it is important to check in and see if you are directing your life in a balanced manner.

First, map out on the Wheel of Life (Fig. A) where you are now on a scale of 1–10 (10 being the best) in each area of your life.

Then connect the endpoints to see just how balanced your life is to start.
Let me give you an example. I recently helped a friend with his goals and this is how he started: (See Fig. B)

![Fig. B](image)

Then when we mapped where he had focused his goals, this is how it came out: (See Fig. C)

![Fig. C](image)

You can see the danger he is in if he doesn’t adjust his goals. What good will achieving his financial and professional goals be without the health to enjoy it? And if, ultimately, he gets his finances reduced by half because he neglected his
marriage, not to mention the mental and spiritual bankruptcy he is headed for.

I have seen many cases on the opposite side of imbalance as well, and it is just as problematic.

A man who is fervently committed to his church, loves his wife and kids but eats too many donuts that shorten his life and fails in the marketplace so he unnecessarily burdens his family with undue stress and financial hardship.

There is also the gym rat or the supermodel who is fanatically committed when it comes to their health, but they have a hard time holding an intelligent conversation, and you will always have to pick up the tab when you are out with them.

The key is to be sure you are giving appropriate attention and setting worthy goals in all important areas of your life. The reach of one goal might need to be adjusted to make room for time and attention in another area to create a more balanced wheel.

“Life without balance can cost you your relationships. Life without balance can cost you your health. Life without balance can cost you your spirituality. Life without balance can cost you your wealth and your happiness. So find things to motivate you from all areas of life. Your success depends on it.”

~ Jim Rohn

True achievement and life fulfillment is when you have success at home, in the marketplace, and with the triad of your being—body, mind, and spirit.

Now, go out and live the life you were meant to live!
“If you greatly desire something, have the guts to stake everything on obtaining it.”

~ Brendan Francis
The Simplified Version to Goal-Achievement

Since I have done intensive goal-setting and introspection for many years now on New Year’s Day, I do an abridged goal-setting process. If you’ve completed similar goal-setting or life-planning programs before, this is the “shortcut” you can take before using the following planner.

Or maybe you’ve never even planned your day, much less an entire year. Don’t let the complexity or intensity of the planning process paralyze you from making any plans at all. You may find it easier to go back and complete the earlier exercises after getting through this section.
Here is what I used as an abridged goal-development process:

I. Year in Review

A. 10 great happenings last year

1.)
2.)
3.)
4.)
5.)
6.)
7.)
8.)
9.)
10.)

B. Lessons learned from last year


II. Gratitude

A. What’s great in my life right now?


III. Top 10 Goals

1.) _______________________________________________________
2.) _______________________________________________________
3.) _______________________________________________________ 
4.) _______________________________________________________
5.) _______________________________________________________
6.) _______________________________________________________
7.) _______________________________________________________
8.) _______________________________________________________
9.) _______________________________________________________ 
10.) ______________________________________________________

IV. Top 3 Goals

1.) _______________________________________________________
2.) _______________________________________________________
3.) _______________________________________________________

V. Who Do I Need to Be to Achieve My Top 3 Goals This Year?

_________________________________________________________
_________________________________________________________

VI. Action Plan – Milestones of Achievement

A. End of Q1 _______________________________________________
B. End of Month 1 ___________________________________________
C. End of Week 1 ___________________________________________
D. Next 24 Hours ___________________________________________
“Time is the coin of your life. It is the only coin you have, and only you can determine how it will be spent. Be careful, lest you let other people spend it for you.”

~ Carl Sandburg
That’s a wrap! You now have the formula to achieve any outrageous and ambitious dream you can conceive. You know why, you know how, you know what, you know when, and you know the rewards and consequences. It is now just up to you to.

Really do it. Do not procrastinate one more minute. Seize the amazing potential that has been dormant inside you; dust off the dreams that have been given to you as your purpose.

This was written for you. Consider this your tap on the shoulder, etched tablet, or “burning bush.” No longer engage in the maintaining of an existence rather than the designing and living a life of substance. Don’t let a million dollars of consumed and disposed-of goods be the only evidence that you were here.

The great tragedy of life is not poverty or hunger or even death. The great tragedy is that we could, but we don’t; we should, but we won’t. Within us all exists the capacity for uniqueness, for accomplishment, and for freedom from
unwanted obligation. Do not fall prey to the great tragedy of could, don’t; should, won’t. Beginning at this very moment, you need never be the same again—except by choice.

Make THIS the year you really turn it on; the year you plant the flag in your life and shout to the world, “THIS is WHO I AM.” Let the world pause and take notice. From this day forward, your life shall be one of movement toward greatness and extraordinary accomplishment.

Let your achievements be an inspiration and a testimony to others of what’s possible when you focus your creative intentions on a worthy ideal. Light the path for others to follow with the torch of your example.

I wish you a happy, safe, blessed, and prosperous new year!

May you become all that you were intended to be.

“Nothing can resist the human will that will stake even its existence on its stated purpose.”

~ Benjamin Disraeli
DESIGN
Your Best Year Ever

ACHIEVEMENT PLANNER

“Go confidently in the direction of your dreams. Live the life you’ve imagined.”

~ Henry David Thoreau
“The price of success must be paid in full, in advance.”

~ Brian Tracy
How to Use the Achievement Tracking System

The following pages are where you will truly begin the work of designing your Best Year Ever! Remember, you will not achieve success overnight—you will need to be consistent in your actions and attitudes over time. This planner is designed to help you plot your action steps, prioritize your goals, and track your progress.

You’ll begin by choosing your Top 10 goals for the new year. In the following weeks, you will break down those Top 10 goals even further by establishing your Top 10 “to-do’s” for each week. Be sure to check off each item as you complete it, and don’t forget to note the Wheel of Life category in the second box. This is especially important—you want to be the best version of yourself in the weeks and months to come, and that means working on ALL aspects of your life! At the end of each month, you’ll have a chance to re-prioritize your goals based on your progress. This is also your opportunity to celebrate your successes and eliminate any roadblocks you might have encountered.

Keep in mind this planner can be a valuable resource for you in years to come—write down your thoughts, emotions, and attitudes each day as you begin your new life, and on December 31, you’ll see how a series of small actions has created your BEST YEAR EVER!
Visualization Board

Find images that will inspire you to reach your goals (the house you want to live in, the car you want to drive, the places you want to go). Cut them out, paste them here, and label them. Use these pages as a reference to keep you motivated and remind you of the reward for all your commitment and hard work. Be sure to include something from the eight areas in the Wheel of Life: PHYSICAL, FINANCIAL, PROFESSIONAL, MENTAL, SPIRITUAL, LIFESTYLE, FAMILY and RELATIONSHIP.
Financial - Pay off credit cards and save enough for vacation on Dec. 31

Reward: No more finance charges; a relaxing cruise

Business - Take the top-seller position by Aug. 31

Reward: Earn management’s respect; bonus check; help ensure head of the division promotion

Lifestyle - Take ocean cruise Dec. 31

Reward: Relax from all the hard work and celebrate my accomplished goals; soak in the sun; eat, drink, and be merry!

Mental - Meditate 3 times a week

Reward: Calmer, relaxed; more energy and focus

Relationship - Create extra-romantic date night once a month

Reward: Continue building closeness and intimacy; opportunity for connection and open communication
Wheel of Life — Fill out your status starting today!

1.  

2.  

3.  

4.  

5.  

6.  

7.  

8.  

9.  

10.  

Roadblocks

Solutions
“Destiny is no matter of chance. It is a matter of choice: It is not a thing to be waited for, it is a thing to be achieved.”

~ William Jennings Bryan
Top 10 To-Do’s

Run one mile each day

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

Priority: 1 2 3 4 5 6 7 8 9 10

“Nothing will work unless you do.”

~ John Wooden
“Tell me what you say you want, show me one week of your life, and I will tell you if you will get it.”

~ Patricia Fripp
Notes / Thoughts / Steps for Achieving My Goals

“We all have ability. The difference is how we use it.”
~ Stevie Wonder
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

___________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________

Rewards

____________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.)
2.)
3.)
4.)
5.)
6.)
7.)
8.)

THE MAGIC FACTOR ~
“If you want to have more, you first have to become more.”
~ Jim Rohn
January Review

Top 10 Goals

1. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

2. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

3. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

4. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

5. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

6. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

7. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

8. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

9. ________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

10. ________________________________
    % completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Roadblocks

Solutions
Notes / Thoughts / Steps for Achieving My Goals

“Look at a day when you are supremely satisfied at the end. It’s not a day when you lounge around doing nothing; it’s when you’ve everything to do, and you’ve done it.”

~ Margaret Thatcher
**February Week 2**

**Top 10 To-Do’s**

- Run one mile each day

  Priority: 1 2 3 4 5 6 7 8 9 10

<table>
<thead>
<tr>
<th>Priority: 1 2 3 4 5 6 7 8 9 10</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

**Notes / Thoughts / Steps for Achieving My Goals**

<p>| |</p>
<table>
<thead>
<tr>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
</tbody>
</table>

“If you are clear about what you want, the world responds with clarity.”

~ Loretta Staples
“Don’t judge each day by the harvest you reap, but by the seeds you plant.”

~ Robert Louis Stevenson
Top 10 To-Do’s

Notes / Thoughts / Steps for Achieving My Goals

“It is good to have an end to journey towards; but it is the journey that matters in the end.”

~ Ursula Le Guin
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart you progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

Rewards

________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________
________________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.) __________________________________________________
2.) __________________________________________________
3.) __________________________________________________
4.) __________________________________________________
5.) __________________________________________________
6.) __________________________________________________
7.) __________________________________________________
8.) __________________________________________________

THE MAGIC FACTOR ~
“If you want to have more, you first have to become more.”
~ Jim Rohn
February Review

Top 10 Goals

1. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

2. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

3. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

4. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

5. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

6. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

7. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

8. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

9. [ ] __________________________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

10. [ ] __________________________________________
    % completed: 10 20 30 40 50 60 70 80 90 100

Re-list my goals and circle the estimated
% completed: 10 20 30 40 50 60 70 80 90 100

Roadblocks

Solutions

CONGRATULATIONS!
Notes / Thoughts / Steps for Achieving My Goals

"Optimists are right. So are pessimists. It’s up to you to choose which you will be."

~ Harvey Mackay
March
Week 2

Top 10 To-Do’s

Run one mile each day

Notes / Thoughts / Steps for Achieving My Goals

“‘I can’t do it’ never yet accomplished anything. ‘I will try’ has accomplished wonders.”

~ George P. Burnham
“Always be happy, never be satisfied.”

~ Mark McKeon
“I long to accomplish a great and noble task, but it is my chief duty to accomplish small tasks as if they were great and noble.”

~ Helen Keller
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________

Rewards
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________
______________________________________________________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.)__________________________________________________
2.)__________________________________________________
3.)__________________________________________________
4.)__________________________________________________
5.)__________________________________________________
6.)__________________________________________________
7.)__________________________________________________
8.)__________________________________________________

THE MAGIC FACTOR ~
“If you want to have more, you first have to become more.”
~ Jim Rohn
March
Review

Top 10 Goals

- Re-list my goals and circle the estimated%
  - Completed: 10 20 30 40 50 60 70 80 90 100

1. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

2. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

3. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

4. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

5. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

6. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

7. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

8. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

9. ________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

10. ______________________________
    % Completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Roadblocks

__________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________

Solutions

__________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________

Wheel of Life

__________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________

CONGRATULATIONS!
Notes / Thoughts / Steps for Achieving My Goals

“Make a strong and permanent commitment to invest your talents only in pursuits that deserve your best efforts.”

~ Nido Qubein

Priority: 1 2 3 4 5 6 7 8 9 10

Top 10 To-Do’s

- Determine total debt

Priority: 1 2 3 4 5 6 7 8 9 10
Top 10 To-Do’s

- Run one mile each day

Priority: 1 2 3 4 5 6 7 8 9 10

Notes / Thoughts / Steps for Achieving My Goals

“Always do more than is required of you.”

~ George S. Patton
Notes / Thoughts / Steps for Achieving My Goals

“You will become as small as your controlling desire, or as great as your dominant aspiration.”

~ James Allen
<table>
<thead>
<tr>
<th>Priority: 1  2  3  4  5  6  7  8  9  10</th>
</tr>
</thead>
<tbody>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
<tr>
<td>Priority: 1  2  3  4  5  6  7  8  9  10</td>
</tr>
<tr>
<td>o  o</td>
</tr>
</tbody>
</table>

---

**Notes / Thoughts / Steps for Achieving My Goals**

---

“Courage and perseverance have a magical talisman, before which difficulties disappear and obstacles vanish into air.”

~ John Quincy Adams
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). **Rewards:** List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

**Accomplishments**

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

Rewards

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

[ ] Fill out this week’s Wheel of Life on the following page.

[ ] Re-list my Top 10 goals and circle a percentage of completion.

[ ] Fill in my Top 10 to-do’s for next week.

[ ] Revisit my visualization board for inspiration.

---

**Personal Development**

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.) _____________________________________________________________

2.) _____________________________________________________________

3.) _____________________________________________________________

4.) _____________________________________________________________

5.) _____________________________________________________________

6.) _____________________________________________________________

7.) _____________________________________________________________

8.) _____________________________________________________________

**THE MAGIC FACTOR**

“If you want to have more, you first have to become more.”

~ Jim Rohn
April Review

Top 10 Goals

Re-list my goals and circle the estimated % completed: 10 20 30 40 50 60 70 80 90 100

1. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

2. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

3. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

4. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

5. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

6. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

7. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

8. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

9. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

10. ____________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Wheel of Life

Roadblocks

Solutions
“The state of your life is nothing more than a reflection of your state of mind.”

~ Dr. Wayne W. Dyer
May
Week 2

Top 10 To-Do’s

Run one mile each day

Priority: 1 2 3 4 5 6 7 8 9 10

Notes / Thoughts / Steps for Achieving My Goals

“Vision is the spectacular that inspires us to carry out the mundane.”

~ Chris Widener
“Wisdom consists not so much in knowing what to do in the ultimate as in knowing what to do next.”

～ Herbert Hoover
Notes / Thoughts / Steps for Achieving My Goals

“Whatever your talent is, you should craft it, nourish it and build on it. It is the ‘niche talent’ that will take you to the top of your field.”

~ Mark Victor Hansen
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

________________________________________________________________________________________________________________________________________

________________________________________________________________________________________________________________________________________

________________________________________________________________________________________________________________________________________

Rewards

________________________________________________________________________________________________________________________________________

________________________________________________________________________________________________________________________________________

________________________________________________________________________________________________________________________________________

________________________________________________________________________________________________________________________________________

________________________________________________________________________________________________________________________________________

________________________________________________________________________________________________________________________________________

THE MAGIC FACTOR ~

“If you want to have more, you first have to become more.”

~ Jim Rohn
May Review

Top 10 Goals

Re-list my goals and circle the estimated % completed: 10 20 30 40 50 60 70 80 90 100

1. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

2. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

3. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

4. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

5. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

6. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

7. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

8. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

9. ____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

10. _____________________________

% Completed: 10 20 30 40 50 60 70 80 90 100

Roadblocks

Solutions

CONGRATULATIONS!
“For a man to achieve all that is demanded of him, he must regard himself as greater than he is.”

~ Johann Wolfgang von Goethe
Run one mile each day

“Continuous effort, not strength or intelligence, is the key to unlocking our potential.”

~ Winston Churchill
“I was taught that the way of progress was neither swift nor easy.”
~ Madame Marie Curie
Top 10 To-Do’s

优先级：1 2 3 4 5 6 7 8 9 10

- 买健康食品

“当每一种身心资源都被集中，一个人解决问题的能力会大大增强。”

~ Norman Vincent Peale
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________

Rewards

___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________
___________________________________________________________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.)

2.)

3.)

4.)

5.)

6.)

7.)

8.)

THE MAGIC FACTOR ~
“If you want to have more, you first have to become more.”
~ Jim Rohn
June Review

Top 10 Goals

Re-list my goals and circle the estimated % completed: 10 20 30 40 50 60 70 80 90 100

1. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

2. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

3. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

4. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

5. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

6. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

7. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

8. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

9. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

10. __________________________
% Completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Wheel of Life

Roadblocks

Solutions
“Determine what specific goal you want to achieve. Then dedicate yourself to its attainment with unswerving singleness of purpose, the trenchant zeal of a crusader.”

~ Paul J. Meyer
### Notes / Thoughts / Steps for Achieving My Goals

<table>
<thead>
<tr>
<th>Priority: 1 2 3 4 5 6 7 8 9 10</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

“The best advice I ever came across on the subject of concentration is: Wherever you are, be there. When you work, work. When you play, play. Don’t mix the two.”

~ Jim Rohn
Notes / Thoughts / Steps for Achieving My Goals

“Our grand business is not to see what lies dimly at a distance, but to do what lies clearly at hand.”

~ Thomas Carlyle
Buying healthy food

Notes / Thoughts / Steps for Achieving My Goals

“The unexamined life is not worth living.”

~ Socrates
Plan–Do–Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

___________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________

Rewards

____________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures, or classes I have experienced this month.

1.) ____________________________________________________

2.) ____________________________________________________

3.) ____________________________________________________

4.) ____________________________________________________

5.) ____________________________________________________

6.) ____________________________________________________

7.) ____________________________________________________

8.) ____________________________________________________

THE MAGIC FACTOR ~
“If you want to have more, you first have to become more.”

~ Jim Rohn
July Review

Top 10 Goals

- Re-list my goals and circle the estimated
  % completed: 10 20 30 40 50 60 70 80 90 100

1. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

2. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

3. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

4. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

5. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

6. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

7. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

8. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

9. __________________________
   % completed: 10 20 30 40 50 60 70 80 90 100

10. __________________________
    % completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Wheel of Life

Roadblocks

Solutions
Notes / Thoughts / Steps for Achieving My Goals

“If you concentrate on the present, you eliminate what happened yesterday and any apprehension of what may happen tomorrow.”
~ Denis Waitley
Notes / Thoughts / Steps for Achieving My Goals

---

“It takes as much courage to have tried and failed as it does to have tried and succeeded.”

~ Anne Morrow Lindbergh
“The real voyage of discovery consists not in making new landscapes but in having new eyes.”

~ Marcel Proust
## Notes / Thoughts / Steps for Achieving My Goals

<table>
<thead>
<tr>
<th>Priority: 1 2 3 4 5 6 7 8 9 10</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
<tr>
<td></td>
</tr>
</tbody>
</table>

“Be sure you put your feet in the right place, then stand firm.”
～ Abraham Lincoln
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). **Rewards:** List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following week’s to-do list.

Accomplishments

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

Rewards

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

___________________________________________________________________________________________________

Fill out this week’s Wheel of Life on the following page.

☐ Re-list my Top 10 goals and circle a percentage of completion.

☐ Fill in my Top 10 to-do’s for next week.

☐ Revisit my visualization board for inspiration.

Personal Development

August Review

Audios, DVDs, books, seminars, lectures, or classes I have experienced this month.

1.__________________________________________________

2.__________________________________________________

3.__________________________________________________

4.__________________________________________________

5.__________________________________________________

6.__________________________________________________

7.__________________________________________________

8.__________________________________________________

The Magic Factor ~

“If you want to have more, you first have to become more.”

~ Jim Rohn
Notes / Thoughts / Steps for Achieving My Goals

“The difference between a successful person and others is not a lack of strength, not a lack of knowledge, but rather in a lack of will.”

~ Vincent T. Lombardi
## September

### Week 2

### Top 10 To-Do’s

Run one mile each day

**Priority:** 1  2  3  4  5  6  7  8  9  10

<table>
<thead>
<tr>
<th>Priority: 1 2 3 4 5 6 7 8 9 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
<tr>
<td>✗</td>
</tr>
</tbody>
</table>

---

### Notes / Thoughts / Steps for Achieving My Goals

---

“Let us not be content to wait and see what will happen, but give us the determination to make the right things happen.”

~ Peter Marshall
“The success of our efforts depends not so much on the efforts themselves, but rather on our motive for doing them.”

~ Denis Waitley
“You get whatever you expect to get. The only question is, What do you want?”

~ Mark Victor Hansen
Plan–Do–Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________

Rewards

____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________
____________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.) ______________________________________________________
2.) ______________________________________________________
3.) ______________________________________________________
4.) ______________________________________________________
5.) ______________________________________________________
6.) ______________________________________________________
7.) ______________________________________________________
8.) ______________________________________________________

THE MAGIC FACTOR ~

“If you want to have more, you first have to become more.”

~ Jim Rohn
September Review

Top 10 Goals

1. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

2. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

3. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

4. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

5. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

6. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

7. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

8. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

9. ____________________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

10. ____________________________________
    % Completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Wheel of Life

Roadblocks

Solutions
“The real winners in life are the people who look at every situation with an expectation that they can make it work or make it better.”

~ Barbara Pletcher
Top 10 To-Do’s

Run one mile each day

Priority: 1 2 3 4 5 6 7 8 9 10

Notes / Thoughts / Steps for Achieving My Goals

“We can chart our future clearly and wisely only when we know the path which has led to the present.”

~ Adlai E. Stevenson
Notes / Thoughts / Steps for Achieving My Goals

“I will love the light for it shows me the way, yet I will endure the darkness for it shows me the stars.”

~ Og Mandino
**October Week 4**

### Top 10 To-Do’s

<table>
<thead>
<tr>
<th>Priority: 1 2 3 4 5 6 7 8 9 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>✓</td>
</tr>
</tbody>
</table>

### Notes / Thoughts / Steps for Achieving My Goals

<table>
<thead>
<tr>
<th>Priority: 1 2 3 4 5 6 7 8 9 10</th>
</tr>
</thead>
</table>

- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]
- [ ]

“Sometimes when I consider what tremendous consequences come from little things, I am tempted to think there are no little things.”

~ Bruce Barton
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________

Rewards

__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________
__________________________________________________________

☑ Fill out this week’s Wheel of Life on the following page.
☑ Re-list my Top 10 goals and circle a percentage of completion.
☑ Fill in my Top 10 to-do’s for next week.
☑ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.)
__________________________________________________________
__________________________________________________________

2.)
__________________________________________________________
__________________________________________________________

3.)
__________________________________________________________
__________________________________________________________

4.)
__________________________________________________________
__________________________________________________________

5.)
__________________________________________________________
__________________________________________________________

6.)
__________________________________________________________
__________________________________________________________

7.)
__________________________________________________________
__________________________________________________________

8.)
__________________________________________________________
__________________________________________________________

The Magic Factor ~
“If you want to have more, you first have to become more.”
~ Jim Rohn
October
Review

Top 10 Goals

Re-list my goals and circle the estimated % completed: 10 20 30 40 50 60 70 80 90 100

1. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

2. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

3. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

4. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

5. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

6. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

7. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

8. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

9. __________________________
   % Completed: 10 20 30 40 50 60 70 80 90 100

10. __________________________
    % Completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Roadblocks

__________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________

Solutions

________________________________________________________________________________________________________________________
Notes / Thoughts / Steps for Achieving My Goals

“We have to do the best we can. This is our sacred human responsibility.”

~ Albert Einstein
### Top 10 To-Do’s

<table>
<thead>
<tr>
<th>Priority</th>
<th>Task 1</th>
<th>Task 2</th>
<th>Task 3</th>
<th>Task 4</th>
<th>Task 5</th>
<th>Task 6</th>
<th>Task 7</th>
<th>Task 8</th>
<th>Task 9</th>
<th>Task 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

**Run one mile each day**

---

**Notes / Thoughts / Steps for Achieving My Goals**

---

“Do you want to be safe and good, or do you want to take a chance and be great?”

~ Jimmy Johnson
Notes / Thoughts / Steps for Achieving My Goals

“All our dreams can come true – if we have the courage to pursue them.”
~ Walt Disney
# November Week 4

## Top 10 To-Do’s

<table>
<thead>
<tr>
<th>Priority</th>
<th>Task 1</th>
<th>Task 2</th>
<th>Task 3</th>
<th>Task 4</th>
<th>Task 5</th>
<th>Task 6</th>
<th>Task 7</th>
<th>Task 8</th>
<th>Task 9</th>
<th>Task 10</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>✔</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>3</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>6</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>7</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>8</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>9</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>10</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

---

## Notes / Thoughts / Steps for Achieving My Goals

---

“If you are not too large for the place you occupy, you are too small for it.”

~ James A. Garfield
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________

Rewards

____________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________
_____________________________________________________________________________________________________________________________________ __
________________________________________________________________________________________________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.________________________________________

2.________________________________________

3.________________________________________

4.________________________________________

5.________________________________________

6.________________________________________

7.________________________________________

8.________________________________________

THE MAGIC FACTOR ~
“If you want to have more, you first have to become more.”
~ Jim Rohn
November Review

Top 10 Goals

1. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

2. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

3. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

4. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

5. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

6. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

7. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

8. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

9. ____________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

10. __________________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

CONGRATULATIONS!

Roadblocks

Solutions
Notes / Thoughts / Steps for Achieving My Goals

“Live your beliefs, and you can turn the world around.”
~ Henry David Thoreau
December
Week 2

Top 10 To-Do’s

Run one mile each day

Priority: 1 2 3 4 5 6 7 8 9 10

Notes / Thoughts / Steps for Achieving My Goals

“Your work should be your passion and your love made manifest through action.”

~ James Ray
“The highest reward for a man’s toil is not what he gets for it but, what he becomes by it.”

~ John Ruskin
Notes / Thoughts / Steps for Achieving My Goals

“

“What the caterpillar calls the end, the rest of the world calls a butterfly.”

~ Lao Tzu
Plan-Do-Review

Accomplishments: Write down any forward progress (e.g., reduced my sugar intake, wrote 20 pages in my book, lost 5 pounds). Rewards: List the rewards you have reached or are striving for. Then, on the following page, chart your progress by completing the Wheel of Life. Next, re-list your goals, circle your percentages of completion, and list any roadblocks, followed by the solutions to be applied on the following weeks to-do list.

Accomplishments

________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________

Rewards

________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________
________________________________________________________________________________________________________________________________________

☐ Fill out this week’s Wheel of Life on the following page.
☐ Re-list my Top 10 goals and circle a percentage of completion.
☐ Fill in my Top 10 to-do’s for next week.
☐ Revisit my visualization board for inspiration.

Personal Development

Audios, DVDs, books, seminars, lectures or classes I have experienced this month.

1.) ____________________________________________________
2.) ____________________________________________________
3.) ____________________________________________________
4.) ____________________________________________________
5.) ____________________________________________________
6.) ____________________________________________________
7.) ____________________________________________________
8.) ____________________________________________________

THE MAGIC FACTOR ~
“If you want to have more, you first have to become more.”
~ Jim Rohn
December Review

Top 10 Goals

1. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

2. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

3. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

4. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

5. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

6. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

7. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

8. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

9. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

10. ________________________________
% completed: 10 20 30 40 50 60 70 80 90 100

Roadblocks

__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________

Solutions

__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________
__________________________________________________________________________________________________________________________________________

CONGRATULATIONS!
Congratulations on making this
Your Best Year Ever
Darren Hardy has been engaging and inspiring audiences with his messages of personal achievement for more than 15 years. A product of the success principles he teaches, Darren became a businessman at age 18, and by age 27 was a self-made millionaire. A successful entrepreneur for more than two decades, he has led several business ventures, including two personal-development-based television networks, The People’s Network (TPN) and The Success Training Network (TSTN). He is now the publisher and editorial director of SUCCESS magazine as well as a private-equity investor and board member to several multimedia companies.

Darren’s belief in and passion for personal development is the core of his business and life philosophy. He has mentored and trained thousands of other successful entrepreneurs over the years through his programs and blog. He is committed to helping others achieve their potential in order to live richer, more fulfilling lives.

Darren currently resides in Cardiff by-the-Sea (San Diego), California with his wife, Georgia and his canine children, Lucy and Tex.
“Thought is the blossom; language the bud; action the fruit behind it.”

~ Ralph Waldo Emerson
As Jim Rohn has taught us—build your library. Let it be a representation of who you are and who you plan on becoming.

On the following pages I have included my personal list of the books, audios, DVDs, and movies I’ve found to be particularly inspiring. You will find there are many lists out there, so don’t stop here! Visit your library for more resources, go to SUCCESS.com/Store, or even ask friends and family to submit their Top 10 lists.

The important thing is to continually expose yourself to the positive influences that will put you in the right frame of mind for achieving all that you were meant to achieve. As you continue your journey, keep your own list of the things that motivate you and refer back to it any time you need an extra boost of encouragement or enthusiasm.
RECOMMENDED READING LIST:

8 Weeks to Optimum Health, Dr. Andrew Weil
9 Steps to Financial Freedom, Suze Orman
A Better Way to Live, Og Mandino
Acres of Diamonds, Russell H. Conwell
Ageless Body, Timeless Mind, Deepak Chopra
As a Man Thinketh, James Allen
Atlas Shrugged, Ayn Rand
Awaken the Giant Within, Anthony Robbins
Catcher in the Rye, J.D. Salinger
Chicken Soup for the Soul, Jack Canfield and Mark Victor Hansen
Conversations with God, Neale Donald Walsch
Creating Affluence, Deepak Chopra and Richard Carlson
Developing the Leader Within You, John C. Maxwell
Good to Great: Why Some Companies Make the Leap…and Others Don’t, Jim Collins
Harvey Penick’s Little Red Book, Harvey Penick and Bud Shlake
How to Master the Art of Selling, Tom Hopkins
How to Win Friends and Influence People, Dale Carnegie
I Inherited a Fortune!, Paul J. Meyer
Illusions, Richard Bach
Insights into Achievement, Brian Tracy
Jesus, CEO, Laurie Beth Jones
Johnathan Livingston Seagull, Richard Bach and Russell Munson
Leading an Inspired Life, Jim Rohn
Living at the Summit, Tom Hill and Rebecca McDannold
Made in America, Sam Walton and John Huey
Man's Search for Meaning, Viktor E. Frankl
Maximum Achievement, Brian Tracy
Permission Marketing, Seth Godin
Philosophy, Who Needs It?, Ayn Rand
Rich Dad Poor Dad, Robert T. Kiyosaki
See You at the Top, Zig Ziglar
Selling the Invisible, Harry Beckwith
Selling the Way Your Customer Buys, Marvin C. Sadovsky and Jon Caswell
Success through a Positive Mental Attitude, Napoleon Hill and W. Clement Stone
Synchronicity, Joseph Jaworski, Betty Sue Flowers, and Peter M. Senge
The 22 Immutable Laws of Marketing, Al Ries and Jack Trout
The 48 Laws of Power, Robert Greene
The 7 Habits of Highly Effective People, Stephen R. Covey
The Automatic Millionaire, David Bach
The Choice, Og Mandino
The Egoscue Method of Health Through Motion, Pete Egoscue
The Fountainhead, Ayn Rand
The Greatest Miracle in the World, Og Mandino
The Greatest Salesman in the World, Og Mandino
The Law of Success, Napoleon Hill
The Legend of Bagger Vance, Steven Pressfield
The Magic of Thinking Big, David J. Schwartz
The One Minute Manager, Kenneth Blanchard
The Path to Love, Deepak Chopra
The Path, Laurie Beth Jones
The Power of Positive Thinking, Norman Vincent Peale
The Richest Man in Babylon, George S. Clason
The Sales Bible, Jeffrey Gitomer
The Seasons of Life, Jim Rohn and Ronald Reynolds
The Secrets of Life, Stuart Wilde
The Seven Spiritual Laws of Success, Deepak Chopra
The Virtue of Selfishness, Ayn Rand
The Way of the Peaceful Warrior, Dan Millman
The Way of the Superior Man, David Deida
Think and Grow Rich, Napoleon Hill
Tuesdays with Morrie, Mitch Albom
Unlimited Selling Power, Donald Moine and Kenneth Lloyd
We the Living, Ayn Rand
What They Still Don’t Teach You at Harvard Business School, Mark H. McCormack
Who Moved My Cheese?, Dr. Spencer Johnson
Winning Through Intimidation, Robert J. Ringer

For more recommendations on books, go to www.SUCCESS.com.
RECOMMENDED AUDIO LIST:

Accelerated Learning Techniques, Brian Tracy and Colin Rose
Challenge to Succeed, Jim Rohn
Cultivating an Unshakable Character, Jim Rohn
E-Myth, Michael Gerber
How to Become a Self-Made Millionaire, Brian Tracy
Living Beyond Miracles, Deepak Chopra and Wayne Dyer
Living Smart, Staying Healthy, Covert Bailey
Personal Power 2, Anthony Robbins
Relationship Strategies: Using the Platinum Rule to Create Instant Rapport, Tony Alessandra
Secrets of Power Negotiation, Roger Dawson
Take Charge of Your Life, Jim Rohn
The Art of Exceptional Living, Jim Rohn
The Power of Ambition, Jim Rohn
The Power of Purpose, Les Brown
The Psychology of Selling, Brian Tracy
The Weekend Seminar, Jim Rohn

For more recommendations on audio programs, go to www.SUCCESS.com.
RECOMMENDED DVD LIST:

Developing the Leaders Around You, John Maxwell

How to Have Your Best Year Ever, Jim Rohn

Learning to Become a Person of Influence, John Maxwell

SUCCESS Symposium CD & DVD Set


The Life-Changing 10 DVD Set

For more recommendations on DVD products, go to www.SUCCESS.com.
RECOMMENDED MOVIE LIST:

A Beautiful Mind, 2001
Apollo 13, 1995
Braveheart, 1995
Breaking Away, 1979
Chariots of Fire, 1981
Dead Poet’s Society, 1989
E.T., The Extra-Terrestrial, 1982
Field of Dreams, 1989
Forrest Gump, 1994
Gandhi, 1982
Gladiator, 2000
Glory, 1989
Hoosiers, 1986
Hotel Rwanda, 2004
It’s a Wonderful Life, 1946
Mr. Smith Goes to Washington, 1939
Rain Man, 1988
Ray, 2004
Rocky, 1976
Rudy, 1993
Seabiscuit, 2003
Searching for Bobby Fischer, 1993
Shane, 1953
Stand and Deliver, 1988
The Black Stallion, 1979
The Karate Kid, 1984
The Last Samurai, 2003
The Shawshank Redemption, 1994
YOUR LIFE WELL SPENT
Find What You Need to Get Inspired

SUCCESSstore
YOUR LIFE WELL SPENT
www.SUCCESS.com/store
(877) 929-0439

QTY
1
1
1
1

AUTHOR
John C. Maxwell
Jim Rohn
Robert Kiyosaki
Chris Widmer
Denis Waitley

THEME
Leadership
Life Enhancement
CAREER GROWTH
PERSONAL HAPPINESS
Fin Educ
WEALTH CREATION
Influence
INCREASED SALES
Achievement
FAMILY ENRICHMENT
TOTAL SUCCESS
LIFE-CHANGE DUE YES!

ITEMS SOLD: 5
LIVES CHANGED: MILLIONS

Hundreds of SUCCESS products available.
Visit www.SUCCESS.com/store

From CDs and DVDs to books and
digital downloads, if you’re looking
to further your success, then we’ve
got what you need to get there.

success.com/store
success
Pronunciation: \sɛk-\'ses\nFunction: noun
Etymology: Latin successus, from succedere
Date: 1537

1. outcome: result
2. a: degree or measure of succeeding
   b: favorable or desired outcome; also the attainment of wealth, favor or eminence

How Do You Define SUCCESS?

SUCCESS will help you:
- Be a leader and revitalize your relationships.
- Earn more money and acquire wealth.
- Save time and be more productive.
- Ignite your drive and passion for life.

SPECIAL BONUS!
FREE DualDisc™ (CD & DVD in one) in every issue, featuring private interviews and SUCCESS compilations from today’s personal-achievement experts.

It’s What Achievers Read...
SUBSCRIBE TODAY!

Go to www.SUCCESS.com or call 800-570-6414 to subscribe!
Start off your best year ever by signing up for your FREE subscription to:

**Seeds of SUCCESS!**

Learn how to:
- Be a more inspiring leader
- Increase profits, reduce expenses
- Get more done in less time
- Create a balance in your life
- Add magic to your marriage
- Connect with your children
- Build a healthy body
- Regain your energy and vitality

Plant great ideas, tips, and inspirational insight you can use—sign up to get Seeds of SUCCESS delivered to your e-mail inbox every week.

Register today at www.SUCCESS.com/Seeds

---

**Darren ON DEMAND**

Want more great insights from SUCCESS publisher Darren Hardy?

Now you can hear from him every week as you begin building the life you were always meant to live!

Get the insider’s guide to SUCCESS—sign up to receive updates from Darren at www.SUCCESS.com.
meet and network with
Over 3,000
Success-Minded Achievers!

Now more than ever, achievers from around the world need to come together and learn the strategies for getting the competitive advantage—in their business and their life.

“I found my purpose in life because of this event.”
—Jonathan S., Windsor, CT

“The Symposium was the catalyst to starting the next chapter of my life TODAY!”
—Stephen R., Brandywine, MD

Don’t Miss It...
These Events Sell Out FAST!

For the latest updates, please visit our Web site and sign up for our weekly Seeds of SUCCESS e-mail newsletter.

www.SUCCESS.com/Symposium